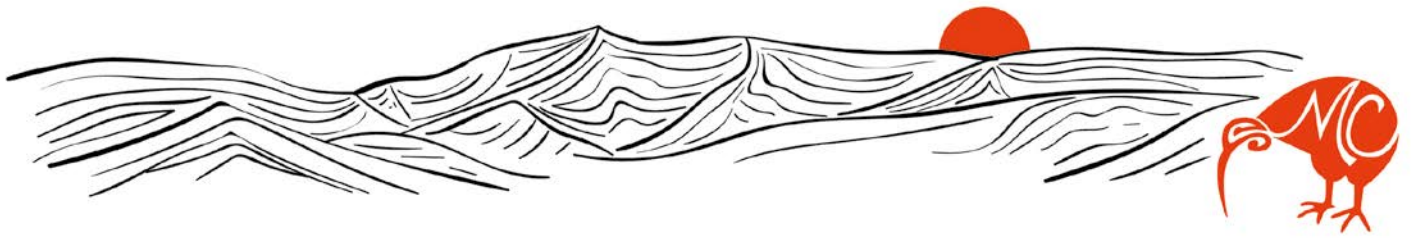




# RISE AND SHINE

breakfast menu 8:30 am - 12:00 noon

mountain cafe  
aviemore



Fresh Fruit Salad £7.90

V VG DF WF GF upon request

slices & chunks of melon, orange, apple, grapes, passionfruit, pomegranate, pineapple & mandarin segments dressed with lime, apple & mint syrup with a dollop of Greek style yogurt on the side

Gingerbread Granola £9.90

V VG DF upon request

maple gingerbread spiced granola packed with oats, rice flakes, pecans, almonds, hazelnuts, dried cranberries, flax, pumpkin & sunflower seeds served with Greek style yogurt, poached apple, bramble compote, mandarins, grapefruit segments, coconut infused pineapple, saffron pears, blueberries, preserved peach & pomegranate

All Day Brekkie £11.90

DF WF GF upon request

beef sausages, black pudding, bacon, tomato, field mushroom, beans, hash brown & fried free range egg, served with toast & homemade jam

wheat/gluten free supplement £0.50

Veggie Brekkie £11.90

V VG DF WF GF upon request

veggie sausage, potato, courgette & chive rosti's, tomatoes, field mushroom, spicy haloumi, beans, spinach & fried free range egg, served with toast & homemade jam

wheat/gluten free supplement £0.50

French Toast £11.90

V upon request

slabs of home made eggy bread with coconut & lime infused pineapple, mandarin & grapefruit segments, candied pistachio crumb, pomegranate & a spoon of mascarpone served with warm homemade spiced orange cardamom & cinnamon syrup

Make our day – tag us in your food stories

@mountaincafeaviemore

f /mountaincafeaviemore

## SCRAMBLED EGGS:

Black Pudding & Avocado £11.90

DF WF GF upon request

a slab of grilled Grants of Speyside black pudding, avocado smash with our toasted French style bread

Tomato & Avocado £11.90

V DF WF GF upon request

slow roasted tomatoes oven baked with ginger, garlic, chilli & rosemary, avocado smash with our toasted French style bread

Plain £8.50

V DF WF GF upon request

with our toasted French style bread

## PORRIDGES:

Bramble Blackcurrant & Apple Crumble £8.50

V VG DF upon request

bramble, apple & blackcurrant compote, poached spiced apple, crunchy oat crumble, brown sugar & a spoon of clotted cream

Hazelnut, Banana & Chocolate £8.50

V upon request

swirls of nutella, candied hazelnut banana crumb, chunks of fresh banana with flaked white chocolate

Plain £5.20

V VG DF upon request

## PANCAKES:

Bacon & Banana £11.80

V upon request

crispy bacon, banana slices, stewed berries & fresh blueberries with warm syrup

Baked Apple Caramel £12.00

V upon request

warmed, honeyed caramel apple slices & blueberries layered between crunchy granola pancakes, topped with a brown sugar & spice baked stuffed apple with Greek yogurt on the side

IMPORTANT: ALLERGIES

### LET YOUR SERVER KNOW IF YOU HAVE AN ALLERGY.

**A note on what we can offer:** We do everything humanly possible to prevent cross contamination, we take this very seriously with cross contamination systems in place for both our kitchen and serving areas. However, some ingredients from our suppliers are out of our control. We will do everything we can to provide the safest & best eating experience

The key below is used to show which meals are and can be modified **upon request**

vegetarian V    vegan VG    dairy free DF    wheat free WF    gluten free GF