



kick start your day!

mountain cafe  
aviemore



breakfast menu 8:30am - 12:00 noon

**Dietary Requirements:** the coding below and beside each meal shows which meal can be adapted. If you have a dietary requirement, you must let your server know so we can adapt your meal to suit your needs.

**V** vegetarian **VG** vegan **DF** dairy free **WF** wheat free **GF** gluten free

**Fresh Fruit Salad** ●●●●● **£7.70**  
slices & chunks of melon, orange, apple, grapes, passionfruit, pomegranate, pineapple & mandarin segments dressed with lime, apple & mint syrup with a dollop of greek style yogurt on the side

**Wintery Gingerbread Granola** ●●●●● **£9.80**  
maple gingerbread spiced granola packed with oats, rice flakes, pecans, almonds, hazelnuts, dried cranberries, flax, pumpkin, & sunflower seeds with pomegranate poached pear, stewed berries, citrus coconut plum, spiced vanilla apple, greek yogurt, stewed cherries, apricots in citrus syrup & fresh blueberries

**Porridge**  
• **Apple Crumble Porridge** ●●●●● **£7.50**  
spiced apple compote with crunchy oat crumble, a sprinkle of cinnamon infused muscovado sugar & a spoon of clotted cream

• **Plain Porridge** ●●●●● **£5.00**

**Pancake Stack** **£11.00**  
• **Bacon & Banana** ●  
crispy bacon, banana slices, stewed berries & fresh blueberries with warm syrup

• **Red Velvet** ●  
cherry & berry compotes, vanilla cream cheese frosting & chocolate shavings

**French Toast** ● **£11.50**  
chunks of grilled eggy ciabatta bread, poached lime coconut plums, stewed raspberries, orange slices, natural yogurt, pomegranate, a drizzle of hot homemade coconut lime & fresh mint syrup

**All Day Brekkie** ●●●●● **£11.70**  
beef sausages, black pudding, bacon, tomato, field mushroom, beans, hash brown & fried free range egg. Served with toast & homemade jam  
gluten/wheat free supplement £1.00

**Veg Brekkie** ●●●●● **£11.70**  
veggie sausage, potato courgette & chive rosti's, tomatoes, field mushroom, spicy haloumi, beans, spinach & fried free range egg. Served with toast & homemade jam  
gluten/wheat free supplement £0.50

**Scrambled Eggs** **£11.70**  
• **Blackpudding & Avocado Smash** ●●  
a slab of grilled Grants of Speyside black pudding, avo smash with our toasted French style bread  
• **Ginger & Herb Slow Roasted Tomatoes & Avocado Smash** ●●●●●  
slow roasted tomatoes oven baked with ginger, garlic, chilli & rosemary, avo smash with our toasted French style bread  
gluten/wheat free supplement £0.50