

kick start your day!



breakfast menu 8:30am -11:30am

Fresh Fruit Salad ●●●●● £6.90
fresh fruit salad in a light elderflower syrup with natural yogurt on the side

Porridges ●●●●●

- spiced apple, plum, candied pecans & maple drizzle £6.80
- chocolate, hazelnut & coconut with stewed berries £6.80
- plain £6.30

All-day Breakfast ●●●● £9.90
beef sausages, black pudding, bacon, plum tomato, field mushroom, beans, hash brown & fried free range egg
Served with toast, coffee, tea or juice
all extras £0.80 each

Veggie Breakfast ●●●●● £9.90
veggie sausage, potato, courgette & chive rosti, plum tomato, field mushroom, beans, sautéed spinach & fried free range egg
Served with toast, coffee, tea or juice
all extras £0.80 each

Kiwi Style Pancakes with Syrup ● £9.60

- bacon, banana, strawberry & blueberry
- banana, strawberry & blueberry
- fruit salad, grapes, natural yogurt & berry sauce

You Cannae Beat a Breakfast Roll ●●●●●

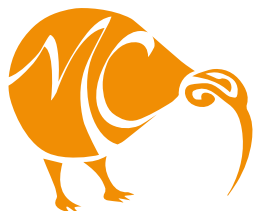
1 Filling Rolls £3.50

- bacon
- sausage
- black pudding
- veggie sausage

2 Filling Rolls £4.20

- sausage & egg
- bacon & egg
- black pudding & egg
- veggie sausage & egg

Extras: Hashbrown, cheese, cooked tomato, raw tomato, all extras £0.80 each



If you have any dietary requirements, please let your server know so we can adapt your meal to suit your specific needs. The coding below shows which dishes can be adapted. It is really important to us that everyone can feel welcome and we will do all we can to provide you with a happy & healthy eating experience

● V vegetarian ● VG vegan ● DF dairy free ● WF wheat free ● GF gluten free

'Hey folks you will notice that this is a condensed version of our normal menu. This is whilst I am having some time off with my hubby while he is kicking cancers ass. But do not worry this wee menu gives you a great taste of the mountain cafe favourites. The dates we are running this menu are on our facebook & website pages. Thanks for your understanding'

Kirsten Gilmour
Head Chef & Owner



Kia ora & welcome!



We opened our doors in 2004 and have managed to establish ourselves as a bit of an institution in Aviemore with a reputation for fantastic food, a friendly and relaxed atmosphere and an amazing view of the Cairngorm Mountains. Being a Kiwi I craved the cafe culture from back home with its laid back approach to offering great coffee, fresh food and friendly service. In short, I

wanted my own wee piece of NZ in Scotland so I dived in and created the Mountain Cafe! Ingredients are locally sourced wherever possible, fresh and of the highest quality. The food is healthy and wholesome and caters to a range of needs as well as hopefully being totally delicious.

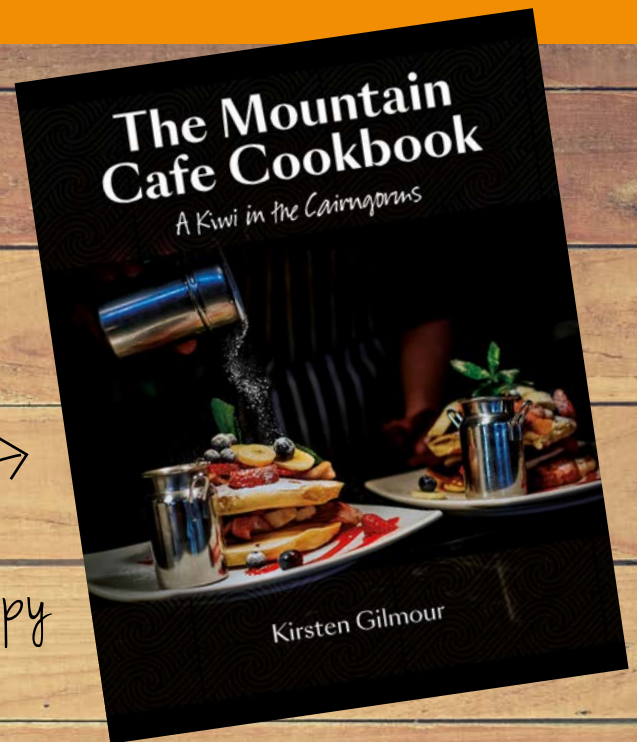
Kirsten Gilmour
Owner & Head Chef

Our new cookbook!

Containing over 130 recipes covering a wide range of our food over the years The Mountain Cafe Cookbook hit the shelves this February

The book is a culmination of the cafe's achievements to date as well as a wee celebration of our history, our food and all the amazing people that have worked here to contribute to our successes over the years

You can flick through a sample at the till, buy a signed copy today or order on our website for postage world-wide.



Get your signed copy at the till today!

Best Cafe in Scotland

We are delighted to announce that we were awarded Best Café in Scotland at the Scottish Food Awards in May.

Kj and Claire went down to the fantastic night that was held at the George Hotel in Edinburgh. What an honour to be part of an evening with so many passionate and talented professionals from around the country!



Keep in touch with us:
www.mountaincafe-aviemore.co.uk